

**SCHOOL PROGRAMS**

**Programs Offered**

Our Lady of Mercy Catholic School provides a full range of athletic programs for all students, both team and individual.

* School Sponsored Sports
* Community Based Activities
* Intramural Sports

**Fall Sports:**

* Tackle Football:
  + Grades 3rd – 8th
* Flag Football: 1st – 3rd
* Girls Basketball:
  + Intramural: K – 2nd
  + CSAA 3rd – 8th
* Cross Country: 5th – 8th
* Girls on the Run: 3rd – 5th
* Cheerleading: 4th – 8th
* Swimming: 5th – 8th

**Winter/Spring Sports:**

* Boys Basketball:
  + Intramural: K – 2nd
  + CSAA: 3rd – 8th
* Girls Volleyball:
  + CSAA: 5th – 8th
* Girls and Boys Soccer
* 5th through 8th
* Track: 5th – 8th
* T-Ball/Coach’s Pitch:
  + T-ball: Pre-K – K
  + Coach’s Pitch: 1st – 2nd